

MAY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Additional Daily Lunch Choices</b>				
Hummus Dip w/Pita Smucker's PBJ* Whole Grain Pizza* Chicken Burger on Whole Wheat Bun* Cheese Burger on Whole Wheat Bun* Yogurt*	Tuna Deli Sandwich Smucker's PBJ* Whole Grain Pizza* Chicken Burger on Whole Wheat Bun* Cheese Burger on Whole Wheat Bun* Yogurt*	Egg Salad Deli Sandwich Smucker's PBJ* Whole Grain Pizza* Chicken Burger on Whole Wheat Bun* Cheese Burger on Whole Wheat Bun* Yogurt*	Roast Turkey Deli Sandwich Smucker's PBJ* Whole Grain Pizza* Chicken Burger on Whole Wheat Bun* Cheese Burger on Whole Wheat Bun* Yogurt*	Turkey Ham Deli Sandwich Smucker's PBJ* Whole Grain Pizza* Chicken Burger on Whole Wheat Bun* Cheese Burger on Whole Wheat Bun* Yogurt*
	<b>1</b> <b>Macaroni &amp; Cheese</b> Roasted Carrots Garden Salad w/Ranch <b>Fresh Fruit/Salad Bar**</b>	<b>2</b> <b>Cheeseburger or Veggieburger*</b> Roasted Sweet Potato Fries Romaine Salad w/ Honey Lime Dressing <b>Fresh Fruit/Salad Bar**</b>	<b>3</b> <b>Italian Mozzarella Sticks</b> Marinara Dipping Sauce Caesar Salad <b>Fresh Fruit/Salad Bar**</b>	<b>4</b> <b>Celebrate Cinco de Mayo!</b> <b>Baja Fish Taco</b> Refried Beans Lunch Bunch Grapes Cilantro Coleslaw <b>Fresh Fruit/Salad Bar**</b>
<b>7</b> <b>Bean &amp; Cheese Burrito</b> Black Bean & Corn Salsa Fresh Pineapple Wedge Spinach Salad w/ Honey Mustard <b>Fresh Fruit/Salad Bar**</b>	<b>8</b> <b>Honey Mustard Chicken**</b> Fresh Roasted Potatoes Whole Wheat Roll Garden Salad w/Ranch <b>Fresh Fruit/Salad Bar**</b>	<b>9</b> <b>Pizza Party!</b> <b>Whole Grain Pizza Wedge</b> Chilled Green Beans Romaine Salad w/ Honey Lime Dressing <b>Fresh Fruit/Salad Bar**</b>	<b>10</b> <b>Homemade Spaghetti with Meat Sauce</b> Garlic Toast Caesar Salad <b>Fresh Fruit/Salad Bar**</b>	<b>11</b> <b>Teriyaki Chicken with Brown Rice</b> Mandarin Oranges Asian Coleslaw <b>Fresh Fruit/Salad Bar**</b>
<b>14</b> <b>STATE BOARD WAIVER DAY</b> <b>NO SCHOOL</b>	<b>15</b> <b>Texas Chili with Beef</b> Corn Tortilla Chips and Salsa Chilled Peaches Garden Salad w/Ranch <b>Fresh Fruit/Salad Bar**</b>	<b>16</b> <b>Chicken Nuggets</b> Roasted Sweet Potato Fries Romaine Salad w/ Honey Lime Dressing <b>Fresh Fruit/Salad Bar**</b>	<b>17</b> <b>Pepperoni Pizza Wedge</b> Fresh Kiwi Fruit Caesar Salad <b>Fresh Fruit/Salad Bar**</b>	<b>18</b> <b>Alaskan Pollock Wedge</b> Roasted Potato Wedges Coleslaw <b>Fresh Fruit/Salad Bar**</b>
<b>21</b> <b>Whole Grain Stuffed Pasta Shells</b> Garlic Toast Spinach Salad w/ Honey Mustard <b>Fresh Fruit/Salad Bar**</b>	<b>22</b> <b>Giant Homemade Turkey Sub Sandwich</b> with Lettuce and Tomato Garden Salad w/Ranch <b>Fresh Fruit/Salad Bar**</b>	<b>23</b> <b>Whole Grain Corn Dog</b> Roasted Veggie Romaine Salad w/ Honey Lime Dressing <b>Fresh Fruit/Salad Bar**</b>	<b>24</b> <b>Homemade Penne Pasta with Meat Sauce</b> Garlic Toast Caesar Salad <b>Fresh Fruit/Salad Bar**</b>	<b>25</b> <b>NEW!!!</b> <b>Mandarin Orange Chicken with Brown Rice</b> Asian Coleslaw Fortune Cookie <b>Fresh Fruit/Salad Bar**</b>
<b>28</b> <b>MEMORIAL DAY</b> <b>NO SCHOOL</b>	<b>29</b> <b>Barbecue Rib on Whole Wheat Hoagie</b> Fresh Orange Wedges Garden Salad w/Ranch <b>Fresh Fruit/Salad Bar**</b>	<b>30</b> <b>Pizza Party!</b> <b>Whole Grain Pizza Wedge</b> Chilled Green Beans Romaine Salad w/ Honey Lime Dressing <b>Fresh Fruit/Salad Bar**</b>	<b>31</b> <b>NEW!!!</b> <b>Chicken Alfredo Pasta</b> Garlic Toast Caesar Salad <b>Fresh Fruit/Salad Bar**</b>	

\* Available as Vegetarian  
\*\* Whole Food

<b>Breakfast Pricing:</b>	K-12 \$1.25	Breakfast Free to Free and Reduced Price Students		
<b>Lunch Pricing:</b>	Elementary \$2.75	Middle \$3.00	High \$3.00	Reduced \$4.00

All meals (breakfast and lunch) include a choice of hot or cold entrée, milk (milk choices are: 1% White; 1% Lactose Free; Soy and Fat Free Chocolate), and a trip through the fresh fruit and vegetable bar.

**DAILY FRESH FRUIT AND VEGGIE BAR INCLUDES:**  
Green Salad including: Spinach, Cabbage, Kale or Romaine Lettuce  
**Veggies:** Broccoli, Carrots, Cauliflower  
**Fruits:** Whole Apple variety, Oranges, Bananas  
**Whole Beans Variety:** Kidney, Navy, Garbanzo and Pinto  
**AND** the seasonal items noted on the daily menu.

*Healthy, Fresh and FAST...  
Nutritious Meals-Every Day-Every School*

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				<b>1</b> Teriyaki Chicken with Brown Rice Asian Coleslaw Fresh Fruit/Salad Bar**
<b>4</b> Homemade Cheese Quesadilla Black Beans and Cilantro Corn Salsa Spinach Salad w/ Honey Mustard Fresh Fruit/Salad Bar**	<b>5</b> BBQ Fresh Roasted Chicken** Baked Beans Garden Salad w/Ranch Fresh Fruit/Salad Bar**	<b>6</b> Cheeseburger or Veggie Burger* Homemade Potato Salad Romaine Salad w/ Honey Lime Dressing Fresh Fruit/Salad Bar**	<b>7</b> Italian Sub Sandwich on Whole Wheat Hoagie Caesar Salad Fresh Fruit/Salad Bar**	<b>8</b> Alaskan Fish Sticks Oven Roasted Potatoes Coleslaw Fresh Fruit/Salad Bar**
<b>11</b> Italian Mozzarella Sticks Marinara Dipping Sauce Spinach Salad w/ Honey Mustard Fresh Fruit/Salad Bar**	<b>12</b> Homemade Beef Tacos Refried Beans and Salsa Garden Salad w/Ranch Fresh Fruit/Salad Bar**	<b>13</b> Whole Grain Chicken Nuggets Sweet Potato Bites Romaine Salad w/ Honey Lime Dressing Fresh Fruit/Salad Bar**	<b>14</b> HARVEST OF THE MONTH! Pizza Party! Whole Grain Pizza Wedge Fresh Washington Cherries Caesar Salad Fresh Fruit/Salad Bar**	<b>15</b> Whole Grain Corn Dog Garden Veggies Chilled Fruit Salad Fresh Fruit/Salad Bar**
<b>18</b> Cooks Choice Menu Fresh Fruit/Salad Bar**	<b>19</b> Cooks Choice Menu Fresh Fruit/Salad Bar**	<b>20</b> Secondary Breakfast Only Last Day of School	Any Child, ages 1 to 18— Can join us for a FREE lunch all summer! Check the website for serving sites and more information. <a href="http://www.auburn.wednet.edu">www.auburn.wednet.edu</a>	
<b>25</b> Summer Lunches! City Parks-FREE! Apartment Complexes, etc. Free to any child age 1 to 18!	<b>26</b> Summer Lunches! City Parks-FREE! Apartment Complexes, etc. Free to any child age 1 to 18!	<b>27</b> Summer Lunches! City Parks-FREE! Apartment Complexes, etc. Free to any child age 1 to 18!	<b>28</b> Summer Lunches! City Parks-FREE! Apartment Complexes, etc. Free to any child age 1 to 18!	<b>29</b> Summer Lunches! City Parks-FREE! Apartment Complexes, etc. Free to any child age 1 to 18!

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