

"All of our kids are all of our kids!"

Counselor's Corner

with Mrs. Watson

Many of us are having lots of different feelings and emotions right now. Make sure you talk with your children about what to do when they have strong feelings. We want our students to know it's ok to have feelings and it's ok to talk about them. In our Second Step Social Emotional Lessons students learn to:

- **STOP**
- **NAME YOUR FEELING**
- **CALM DOWN**

They will also learn many things they can do to calm down or relax when they are having strong feelings. The more you can practice these at home and with your family the more success they will have.

Take care of yourself!

There are numerous resources and supports on the counseling website or you can contact Mrs. Watson or our main office:

[GILDO REY COUNSELING WEBSITE LINK HERE](#)

Open 24/7 - King County Crisis Line: 1-866-4CRISIS (427-4747)



Please download the Remind app to your phone. What is Remind? It is a communication platform that helps educators reach students and parents easily. Messages are sent to an entire class, a small group, or just a single person. It also has more than 90 languages to help families communicate with their teachers and school. Remind is also designed to protect the safety and security of users and their personal information.



Good Things

A Message From Principal Holloman

Heading into the Holiday Season I reflect on everything I am thankful for. I am thankful for family and friends. I am also thankful to the dedicated Gildo Rey staff and the incredible students and families at our school.

I would like to wish our Gildo Rey community the very best this Holiday Season! Enjoy family and friends and stay safe and healthy. We are all looking forward to a great 2021.

Lenny Holloman, Principal

Attendance Matters

Attending school has a huge impact on student success. Student participation in Google Meets is essential for student learning in the distance learning model. Our goal continues this year, that every student misses no more than 9 days of school, or 1 day a month. We need your help.

Some Attendance Tips to Promote Student Learning:

- Make sure your students keep a regular bedtime and establish a morning routine so they are rested and alert when they log into their morning meeting.
- Turn off all electronics including TVs, phones and tablets at bedtime.
- Make sure clothes, Chromebook, and school supplies are ready the night before.
- Avoid scheduling vacations or doctor's appointments when school is in session.
- Talk to teachers and counselors for advice if your student feels anxious about attending school.

Please let us know how we can best support you and your student(s), so that they can show up for school on time every day.

Sincerely,

Gelinda Williams, Assistant Principal

December, 2020

DATES To Note

December 7: [Gildo Rey Choice Board](#)

December 12: Holiday Gift Event, 1-3 pm @ GR

December 14: [Gildo Rey Choice Board](#)

December 21-January 1: Winter Break

Important Notes:

Food Assistance

If your family needs help with food during these times, [here](#) is a list of places you can go. If you need additional resources please contact Rosa Tunupopo, the Family Engagement Liaison, at the Gildo Rey office by either calling (253)931-4952, or emailing her at rtunupopo@auburn.wednet.edu

School Meals

ASD will continue providing free meals to all children 1-18 through the end of the calendar year. Beginning in January, students will need to qualify for free and reduced-price meals. Please apply now and do not delay as there will be no grace period. For complete information from ASD please click [here](#).

Technology Support

Technology support is currently available in person or via phone through the Gildo Rey office. Office hours are 7:30 AM to 4:00 PM Monday through Friday.

Securly

Have you signed up for Securly? Securly is a service to help ensure student safety while using technology. Please click [here](#) to see more information about Securly and how to sign up.

Check Out Our Facebook Page!



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