

16 Reasons Athletes are More Successful in Life

Work Ethic Beats Talent

“If you can’t outplay them, outwork them.” -Ben Hogan

The Important Role of a Team Player

“Sometimes a player’s greatest challenge is coming to grips with his role on the team.” – Scottie Pippen

Be Coachable

“It is what we learn after we think we know it all, that counts.” – John Wooden

How to Handle Adversity

“It’s what you get from games you lose that is extremely important.” — Pat Riley

Competitiveness

“Show me a good loser and I’ll show you a loser.” – Vince Lombardi

Appreciate Delayed Gratification

“It is better to look ahead and prepare than to look back and regret.” — Jackie Joyner-Kersey

Be Goal Driven

“Set your goals high and don’t stop ’till you get there.” – Bo Jackson

Commitment to Excellence

“Amateurs do things ’till they get it right. Pros do it ’till they can’t get it wrong.” — Steven Jackson

Be Selfless

“A team will always appreciate a great individual if he’s willing to sacrifice for the group.” — Kareem Abdul Jabbar

Be a Risk Taker

“If you are afraid of failure, you don’t deserve to be successful!” — Charles Barkley

Be Focused in Your Efforts

“I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times.” – Bruce Lee

Confidence Breeds Success

“If you don’t have confidence, you’ll always find a way not to win.” – Carl Lewis

Lead by Example

“A person always doing his or her best becomes a natural leader, just by example.” – Joe Dimaggio

Always Give Great Effort

“You’re never a loser until you quit trying.” — Mike Ditka

Seize Opportunities

“Good players create opportunities. The great players and the great people seize them.” — Mia Hamm

Hold Yourself Accountable

“The superior man blames himself. The inferior man blames others.” — Don Shula