

## Welcome to Physical Education Class

Dear Parent or Guardian,

It will be our pleasure to have your child in our Health and Fitness class. We look forward to teaching the Health and Fitness curriculum and the challenges it will bring. Please feel free to contact us anytime at Rainier. Our phone number is 253-931-4843 and our email addresses are listed below.

Students must have a section available in their 3-ring binder for Health and Fitness. All assignments should be saved and brought to class when requested by their teacher.

To improve communication between the parent and the Health and Fitness Department we have made the following available:

1. Schoolwires page: PE make-up forms, power standards, game rules, and health and fitness rules and regulations.
2. Family/Student Access: you may request a login username and password from the school registrar (253-931-4855) to access your student's grades and attendance. Activity units are approximately four weeks long and grades will be posted at the conclusion of each unit.

### **Check your grades on a regular basis!**

Parents/Students, you can sign up for Skyward, our online grade posting. You can access this from our school webpage or visit:

<http://family.auburn.wa-k12.net>

Login:           **(PARENT LOGIN NAME)**

Password:       **(PARENT PASSWORD)**

Questions?    Email for help at: [asdfamilyaccess@auburn.wednet.edu](mailto:asdfamilyaccess@auburn.wednet.edu)

### **Grading:**

Students will earn a grade dependent on their effort. All students are responsible for making up missing work and scheduling retakes. All retakes must be scheduled and completed within two weeks of the original assessment.

**\*\***When assessments are scheduled for the last two weeks of a grading period retakes must be completed prior to the end of the grading period.

**\*\*\***Fitnessgram retakes and make-ups are incorporated into the testing schedule.

### **Grading Scale:**

Scale	Level
3.7 – 4.0	Exceeds Standard
2.4 – 3.6	Meets Standard
1.1 – 2.3	Approaching Standard
0-1.0	Below Standard
0	No Evidence

**Asterisk means no grade recorded**

### **What do these abbreviations in Skyward mean?**

**INC** = incomplete (not finished)

**LACK** = lack of effort made (you did not do the best you could)

**NS** = non-suit, student did not dress for PE class

**RT** =retake (you need to study, ask for help, then retake the assessment)

Parents and students may see their grades daily using Skyward. Progress Reports and Report Cards will be made available at the end of each grading period.

**Assessment schedule for Health & Fitness units for First Semester 2015-16**

**Pickleball & Soccer**

September 14 - October 2

**Fitnessgram - Pre-test**

October 5 - October 12

**Outdoor Games, Football, & Pickleball**

October 13 - November 6

**Basketball, Mat Games, Tumbling, & Volleyball**

November 9 - December 18

**Fitnessgram - Final**

December 7 - December 11

**Fit for Pat CBA (classroom-based assessment)**

January 4 - January 15

**Basketball, Mat Games, & Volleyball**

January 4 - January 29

**These dates are tentative due to school programs and scheduling conflicts.**

**The following standards are assessed daily through observation:**

Students will develop and use strategies for effective participation in physical activities.

Students will understand and demonstrate safety rules and procedures in a variety of physical activities.

Thank you for taking the time to read this letter and again we look forward to working with your child this year.

Sincerely,

Nick Harteau      [nharteau@auburn.wednet.edu](mailto:nharteau@auburn.wednet.edu)

Dee Herren        [dherren@auburn.wednet.edu](mailto:dherren@auburn.wednet.edu)

Paul Prather      [pprather@auburn.wednet.edu](mailto:pprather@auburn.wednet.edu)

Sonya Rempfer    [srempfer@auburn.wednet.edu](mailto:srempfer@auburn.wednet.edu)