



AUBURN SCHOOL DISTRICT

Elementary School BREAKFAST - NOVEMBER 2019

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>AVAILABLE DAILY</p> <p>Choice of Cold Cereals Yogurt & Graham Crackers or Granola Whole Grain Muffin</p> <p>All Breakfast Meals include Fresh Fruit Bar & Choice of Milk. Choose 3 items for a complete meal.</p> <p>HARVEST OF THE MONTH</p> <p>SQUASH</p>					<p>NOVEMBER 1 Breakfast Sandwich with Egg, & Cheese BenefIT Breakfast Bar</p>
	<p>NOVEMBER 4 French Toast Sticks Scrambled Eggs with Toasted English Muffin</p>	<p>NOVEMBER 5 Pancake & Sausage on a Stick Yogurt Smoothie with Cinnamon Crackers</p>	<p>NOVEMBER 6 Breakfast Wrap Mini-Bagel with Cream Cheese</p>	<p>NOVEMBER 7 Breakfast Pizza Whole Grain Cinnamon Roll</p>	<p>NOVEMBER 8 Breakfast Taco Mini Pancakes</p>
	<p>NOVEMBER 11 NO SCHOOL</p>	<p>NOVEMBER 12 Breakfast Sliders with Sausage, Egg, & Cheese Yogurt Smoothie with Cinnamon Crackers</p>	<p>NOVEMBER 13 Breakfast Burrito with Egg, Cheese, Potato, and Turkey Sausage Honey Wheat Bar</p>	<p>NOVEMBER 14 Yogurt Parfait Whole Grain Cinnamon Roll</p>	<p>NOVEMBER 15 Breakfast Sandwich with Egg, & Cheese BenefIT Breakfast Bar</p>
	<p>NOVEMBER 18 French Toast Sticks Scrambled Eggs with Toasted English Muffin</p>	<p>NOVEMBER 19 Pancake & Sausage on a Stick Yogurt Smoothie with Cinnamon Crackers</p>	<p>NOVEMBER 20 Breakfast Wrap Mini-Bagel with Cream Cheese</p>	<p>NOVEMBER 21 Breakfast Pizza Whole Grain Cinnamon Roll</p>	<p>NOVEMBER 22 Breakfast Taco Mini Pancakes</p>
	<p>NOVEMBER 25 Turkey Ham & Cheese on Hawaiian Bun Maple Waffle</p>	<p>NOVEMBER 26 Breakfast Sliders with Sausage, Egg, & Cheese Yogurt Smoothie with Cinnamon Crackers</p>	<p>NOVEMBER 27 Breakfast Burrito with Egg, Cheese, Potato, and Turkey Sausage Honey Wheat Bar</p>	<p>NOVEMBER 28 NO SCHOOL</p>	<p>NOVEMBER 29 NO SCHOOL</p>

FRUIT BAR INCLUDES A ROTATING SELECTION OF: APPLES, ORANGES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: WWW.AUBURN.WEDNET.EDU/CHILDNUTRITION

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AUBURN SCHOOL DISTRICT

Elementary School LUNCH - NOVEMBER 2019

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">AVAILABLE DAILY</p> <p>Variety of Sandwiches Yogurt & Graham Crackers or Granola</p> <p>All Lunch Meals include Fruit and Vegetable Bar and your Choice of Milk. Choose 3 components (food groups) for a complete meal.</p> <p style="text-align: center;">HARVEST OF THE MONTH</p> <p style="text-align: center;">SQUASH</p>					NOVEMBER 1 Chicken Nuggets With Ranch Mashed Potatoes and a Breadstick
	NOVEMBER 4 Cheese or Pepperoni Pizza	NOVEMBER 5 Teriyaki Chicken With Brown Rice	NOVEMBER 6 Chicken Burger or Spicy Chicken Burger on a Whole Wheat Bun	NOVEMBER 7 Chicken Enchilada With Sour Cream and Salsa	NOVEMBER 8 Nachos
	NOVEMBER 11 NO SCHOOL	NOVEMBER 12 Chicken and Waffles	NOVEMBER 13 Thanksgiving Meal	NOVEMBER 14 Pizza Quesadilla	NOVEMBER 15 Popcorn Chicken With Mashed Potatoes and a Breadstick
	NOVEMBER 18 Pasta with Meat Sauce and Garlic Bread	NOVEMBER 19 Thai Curry Chicken With Brown Rice	NOVEMBER 20 Corn Dog With French Fries	NOVEMBER 21 Italian Cheese Sticks With Marinara	NOVEMBER 22 Tacos
	NOVEMBER 25 Cheese or Pepperoni Pizza	NOVEMBER 26 Orange Chicken With Brown Rice	NOVEMBER 27 Chicken Burger or Spicy Chicken Burger on a Whole Wheat Bun	NOVEMBER 28 NO SCHOOL	NOVEMBER 29 NO SCHOOL

FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALAD (ROMAINE, SPINACH, AND CAESAR), BROCCOLI, CARROTS, RED BELL PEPPERS, TOMATOES, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

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