

# Auburn School District

## Summer 2019 High School Breakfast

### Breakfast Price:

**\$1.50**

Use Skyward Family  
Access to:

- Apply for free or reduced price meals
- Pay for meals online. Contact your school office staff for log in

All Breakfast Meals Include Fresh Fruit Bar and

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### Daily Specials

#### **Monday**

Pancakes

#### **Tuesday**

French Toast

#### **Wednesday**

Waffles

#### **Thursday**

Cinnamon Roll

#### **Friday**

Biscuits with Sausage and Gravy

### Daily Choices

Assorted Muffins

Cereal Bar

Cold Cereal

Oat-rageous Oatmeal

Bagel with Cream Cheese

Breakfast Bagel

Breakfast Sandwich

Breakfast Burrito

Breakfast Pizza

Scrambled Eggs with Potatoes and Toast

Pancake & Sausage on a Stick

Yogurt Parfait

Pop Tart

PB&J Sandwich



# AUBURN SCHOOL DISTRICT HIGHSCHOOL LUNCH OCTOBER 2019

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AVAILABLE DAILY</b> Fresh Fruit & Vegetable Bar & Low-Fat Milk included with all lunches. <b>PIZZA</b> CHICKEN BURGER CHICKEN TENDERS BURRITO DELI SANDWICHES WRAPS ENTRÉE SALADS YOGURT MEAL <b>HARVEST OF THE MONTH</b> <b>FRESH CARROTS</b> 		<b>OCTOBER 1</b> TERIYAKI CHICKEN WITH BROWN RICE SIDEKICKS FROZEN TREAT	<b>OCTOBER 2</b> CHICKEN & WAFFLES	<b>OCTOBER 3</b> SPAGHETTI WITH MEAT SAUCE GARLIC BREAD	<b>OCTOBER 4</b> CHICKEN ENCHILADA BROWNIE
	<b>OCTOBER 7</b> MEATBALL SUB	<b>OCTOBER 8</b> MANDARIN CHICKEN WITH BROWN RICE FROZEN FRUIT BAR	<b>OCTOBER 9</b> MACARONI & CHEESE GARLIC BREAD	<b>OCTOBER 10</b> POPCORN CHICKEN WITH MASHED POTATOES & BREADSTICK	<b>OCTOBER 11</b> PIZZA QUESADILLA WITH SOUR CREAM & SALSA BROWNIE
	<b>OCTOBER 14</b> LASAGNA ROLL-UP WITH GARLIC BREAD	<b>OCTOBER 15</b> THAI CURRY CHICKEN WITH BROWN RICE SIDEKICKS FROZEN TREAT	<b>OCTOBER 16</b> PULLED CHICKEN SANDWICH	<b>OCTOBER 17</b> ASIAN CHICKEN SALAD	<b>OCTOBER 18</b> NACHOS BROWNIE
	<b>OCTOBER 21</b> ITALIAN CHEESE-STUFFED STICKS WITH MARINARA DIPPING SAUCE	<b>OCTOBER 22</b> FILIPINO PANCIT WITH CHICKEN FROZEN FRUIT BAR	<b>OCTOBER 23</b> CHICKEN PHILLY SANDWICH	<b>OCTOBER 24</b> CHICKEN NUGGETS WITH RANCH MASHED POTATOES & BREADSTICK	<b>OCTOBER 25</b> TACOS BROWNIE
	<b>OCTOBER 28</b> CHICKEN DRUMSTICK & POTATO WEDGES & BREADSTICK	<b>OCTOBER 29</b> TERIYAKI CHICKEN WITH BROWN RICE SIDEKICKS FROZEN TREAT	<b>OCTOBER 30</b> BARBEQUE CHICKEN BURGER WITH FRIES	<b>OCTOBER 31</b> SPAGHETTI WITH MEATBALLS FALL SEASONAL COOKIE	

FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALADS, BROCCOLI, RED BELL PEPPERS, TOMATOES, CARROTS, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: [www.auburn.wednet.edu/childnutrition](http://www.auburn.wednet.edu/childnutrition)

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