



AUBURN SCHOOL DISTRICT

Elementary School BREAKFAST - JANUARY 2022

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">AVAILABLE DAILY</p> <p>Choice of Cold Cereals Yogurt & Graham Crackers or Granola Whole Grain Muffin</p> <p>All Breakfast Meals include Fresh Fruit Bar & Choice of Milk. Choose 3 items for a complete meal.</p> <p style="color: #800080;">HARVEST OF THE MONTH:</p> <p style="color: #800080;">APPLES</p>	<p>JANUARY 3 Whole Grain Breakfast Round</p>	<p>JANUARY 4 Yogurt Smoothie with Cinnamon Crackers</p>	<p>JANUARY 5 Whole Grain French Toast</p>	<p>JANUARY 6 Fruit & Granola Yogurt Parfait</p>	<p>JANUARY 7 Egg & Cheese on an English Muffin</p>
	<p>JANUARY 10 Whole Grain Breakfast Round</p>	<p>JANUARY 11 Yogurt Smoothie with Cinnamon Crackers</p>	<p>JANUARY 12 Whole Grain French Toast</p>	<p>JANUARY 13 Fruit & Granola Yogurt Parfait</p>	<p>JANUARY 14 Egg & Cheese on an English Muffin</p>
	<p>JANUARY 17 MLK HOLIDAY</p>	<p>JANUARY 18 Yogurt Smoothie with Cinnamon Crackers</p>	<p>JANUARY 19 Whole Grain French Toast</p>	<p>JANUARY 20 Fruit & Granola Yogurt Parfait</p>	<p>JANUARY 21 Egg & Cheese on an English Muffin</p>
	<p>JANUARY 24 Whole Grain Breakfast Round</p>	<p>JANUARY 25 Yogurt Smoothie with Cinnamon Crackers</p>	<p>JANUARY 26 Whole Grain French Toast</p>	<p>JANUARY 27 Fruit & Granola Yogurt Parfait</p>	<p>JANUARY 28 Egg & Cheese on an English Muffin</p>
	<p>JANUARY 31 Whole Grain Breakfast Round</p>				

FRUIT BAR INCLUDES A ROTATING SELECTION OF: APPLES, ORANGES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: WWW.AUBURN.WEDNET.EDU/CHILDNUTRITION

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AUBURN SCHOOL DISTRICT

Elementary School LUNCH – JANUARY 2022

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>AVAILABLE DAILY</p> <p>Variety of Sandwiches Yogurt & Granola</p> <p>All Lunch Meals include Fruit and Vegetable Bar and your Choice of Milk. Choose 3 components (food groups) for a complete meal.</p> <p>HARVEST OF THE MONTH:</p> <p>APPLES</p>	<p>JANUARY 3 Cheese or Pepperoni Pizza</p>	<p>JANUARY 4 Orange Chicken with Brown Rice</p>	<p>JANUARY 5 Chicken Burger on a Whole Wheat Bun</p>	<p>JANUARY 6 Bean and Cheese Burrito with Sour Cream and Salsa</p>	<p>JANUARY 7 Whole Grain Spaghetti with Meat Sauce and Garlic Bread</p>
	<p>JANUARY 10 Cheese or Pepperoni Pizza</p>	<p>JANUARY 11 Indian Butter Chicken with Brown Rice</p>	<p>JANUARY 12 Mozzarella Bread Sticks with Marinara Dipping Sauce</p>	<p>JANUARY 13 Chicken Pot Stickers</p>	<p>JANUARY 14 Black Bean Nachos</p>
	<p>JANUARY 17 MLK HOLIDAY</p>	<p>JANUARY 18 Teriyaki Chicken with Brown Rice</p>	<p>JANUARY 19 Fish Sticks and French Fries</p>	<p>JANUARY 20 Beef & Cheese Enchilada with Sour Cream and Salsa</p>	<p>JANUARY 21 Macaroni and Cheese with Garlic Bread</p>
	<p>JANUARY 24 Cheese or Pepperoni Pizza</p>	<p>JANUARY 25 Sweet and Sour Chicken with Brown Rice</p>	<p>JANUARY 26 Cheese Burger on a Whole Wheat Bun</p>	<p>JANUARY 27 Crispy Cheese Quesadilla ('Foldie') with Sour Cream and Salsa</p>	<p>JANUARY 28 Beef Nachos</p>
	<p>JANUARY 31 Cheese or Pepperoni Pizza</p>				

FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALAD (ROMAINE, SPINACH, AND CAESAR), BROCCOLI, CARROTS, RED BELL PEPPERS, TOMATOES, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

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