

To meet standard, I can set up and play the game without arguing, play in a way to keep myself and others from getting hurt.

To meet standard, I can explain how to score and how to stop the other team from scoring.

To meet standard, I can pass, dribble, and shoot a basketball the right way, be ready when I must react to the game, and help my teammates to be able to do it also.

Half Court Basketball Rules

1. Both teams will use the same basket.
2. The team that is wearing the colored shirts will take the ball out first.
3. Play begins on the center court by taking the ball out from the centerline by a pass only. On the side courts play will begin by taking the ball out by the wall with a pass only.
4. Basketball rules such as travelling, and double dribbling should be called.
5. Everyone should call their own fouls.
6. Players should use good sportsmanship.
7. Whenever the ball goes out of bounds, a foul is called, or a violation occurs, the ball is taken out by the non-offending team. There are no shooting fouls in half court basketball.
8. There is no time limit for being in the key too long.
9. The team that is scored against becomes the offense and gets to take the ball out.
10. If the non-shooting team gets the rebound, the ball must be returned to the free throw line before another basket can be made.
11. There should not be any personal contact.
12. It is a foul to reach over the back of someone with the ball (only if contact is made).
13. The ball must have been in possession of all offensive players before each basket is made.
14. It is legal to take the ball out of the hands as long as there is no personal contact.
15. There will be no jump balls. If two players from opposing teams have possession of the ball simultaneously, the ball is awarded to the team not having first possession of the ball at the start of the game. Possession of a jump ball will continue to alternate between the two teams.
16. Double teaming is allowed only in the key.
17. Each player will alternate throwing the ball in after a foul, violation, or a basket.
18. Each basket will count as two points.

Fouls

A fouls is: An infringement of the rules resulting in the forfeiture of the ball.

A. **Blocking** An individual foul involving personal contact which impedes the progress of an opponent with or without the ball.

B. **Charging** A personal foul committed by a player with the ball who moves the body or the ball against an opponent who has an established path.

C. **Disqualifying Foul** Unnecessary roughness or unsportsmanlike behavior (including foul language) resulting in removal from the game.

D. **Hacking** The player hits the arm or hand of the person holding the ball.

E. **Holding** The player holds the person with or without the ball.

Violations

A violation is: An infringement for which the ball is put in play from out of bounds by the non-offending team.

A. **Travelling** An illegal method of progressing the ball.

1. A player may pivot but not move the pivot foot.
2. A player may never take more than one and a half steps without dribbling the ball.
3. A player may lift the pivot foot to jump, but must pass or shoot before touching the floor again.
4. To attempt to dribble, the player must release the ball before lifting the pivot foot.
5. A player is not allowed to carry or palm the ball with their hand when dribbling

B. **Double Dribble** This occurs when a player continues dribbling after grasping the ball with both hands.

C. **Out of Bounds** A person touches the floor on or beyond the boundary lines. Or the ball is out when it touches any person or object on or beyond the boundary lines.

D. **Five Seconds Violation** A player has five seconds to throw the ball in from out of bounds. Also this violation can occur if the player has stopped their dribble and is closely guarded by an opposing player.

E. **Kicking the Ball** Players may not kick the ball at any time.

F. **Take Back Violation** The non-shooting team rebounds the ball and fails to take the ball back to the free throw line and makes a basket. The basket does not count.

G. **Team Possession Violation** A team makes a basket without each member of the team having possession of the ball. The basket does not count.

H. **Three Seconds in the Key** An offensive player is not allowed to stand in the key for more than 3 seconds when their team has possession of the ball. This violation is not enforced in this game.

