

To meet standard, I can set up and play the game without arguing, play in a way to keep myself and others from getting hurt.

To meet standard, I can explain how to score and how to stop the other team from scoring.

To meet standard, I can throw, kick, pass, trap, and catch a soccer ball the right way, be ready when I must react to the game, and help my teammates to be able to do it also.

Micro Soccer Rules for PE

A. Playing Field

- The field of play is approximately 50 yards Long and 25 yards wide. The corners of each field are marked with orange cones.
- The goal area is 5 yards wide and is designated by yellow cones. The goalie may come out six yards from the cones and still use their hands.

B. Length of the Game

- A regulation game is the length of the class period.
- At the completion of the game the winning team should report the score to the teacher.
- Games may end in a tie.

C. Soccer Rules

1. The maximum players per team on the field is 11.
2. Teams having more than their opponents must substitute and rotate in and out of the game every two minutes. All members of the team must rotate off the field before the first substitute rotates out.
3. Teams designate as "shirts" will kick off from the center of the field (align the ball with the center of the football goal post). The non-kicking team must be at least six yards from the ball on the kickoff.
4. On the kickoff the ball must move forward. The kicker may not touch the ball again until it is kicked by a teammate or an opposing player.
5. After a goal is scored the team scored against kicks off.
6. Players are not allowed to kick the ball out of the goalie's hands or make contact with the goalie while in the goal area.
7. All penalty kicks will be taken as indirect free kicks at the point of the infraction.
8. Only one legal attempt is allowed on a throw in.
9. We will not have "offside's".
10. All players must be six yards from the ball on an indirect kick, goal kick, or corner kick.
11. Slide tackling is not allowed.
12. A player who scores a goal must be the goal keeper until the next goal from either team is scored.
13. The goalie may not go farther than the center line.
14. A goal is scored when the entire ball passes through the goal, including the plane of the cones. A goal is also good if it is within the out-stretched reach of the goalie and between the cones.

D. Fouls and Misconducts

Players can be penalized and/or removed from the game for high kicking, tripping, striking, slide tackling, jumping at, holding, pushing, yelling, swearing, intimidating and/or unnecessary roughness.

Indoor Soccer

All rules for indoor soccer are the same as outdoor soccer with the following exceptions:

1. There are no end lines or sidelines. Therefore, there are no corner kicks or throw-ins.
2. All walls, ceiling, and bleachers are in play.
3. The gray basketball pads are the goals. Should the ball strike the pad, it is a goal unless it was from a direct throw by the goalie.
4. The goalie may use hands only behind the yellow line in the large gym and orange line in the small gym. These lines are located directly behind the basketball hoops.
5. Only the goalie is allowed in the goalie box located directly in front of the gray pads. Any goal scored while in this area by an offensive player is not allowed.
6. All fouls will result in a direct free kick at the top of the three point arc. All players except the goalie must be behind the kicker on the free kick.

Vocabulary

Throw-in - A two hand overhead throw from the exact spot where the ball left the field by the opposite team that kicked it out through the side line.

Sideline - The boundary line along the side of the field.

End line - The boundary line along the end of the field where the goal is located.

Goalie Box - The small area directly in front of the goal where no one can enter except the goalie

Penalty Area - The area marked out around the goalie box where the goalie's limits of handling the ball with their hands extend.

Goal Kick - A place kick on the side of the goalie's box on the side where the ball went through the end line and off an offensive player.

Corner Kick - A kick taken by the offensive team at the corner of the field after the ball has been kicked through the end line by the defending player.

Offside's - When a player on the offensive team is standing between the goalie and the last defender without the ball.

Indirect Free Kick - A free kick that must be touched by another player before it can be scored as a goal.

Direct Free Kick - A free kick which can be kicked into the goal without touching anyone else to be counted as a goal.

Penalty Kick - A kick taken within the penalty area by an offensive player against the goalie. The player may only kick the ball once at the goal. All other players are outside the penalty area.

Forward	Midfielder	Defender
Forward		
Forward	Midfielder	Defender
Forward		Goalie
	Midfielder	Defender

