



AUBURN SCHOOL DISTRICT

Middle School BREAKFAST - APRIL 2023

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|--|
| AVAILABLE DAILY Variety of Cold Cereal Yogurt & Graham Crackers or Granola Variety of Muffins Variety of Breakfast Bars All Meals include Fresh Fruit & Choice of Milk Choose 3 food items for a complete meal | APRIL 3 Scrambled Eggs & Whole Grain Waffle | APRIL 4 Breakfast Burrito made with Turkey Sausage, Eggs, and Cheese | APRIL 5 Yogurt Smoothie with Cinnamon Crackers | APRIL 6 Whole Grain Cinnamon Roll | APRIL 7 Egg & Cheese on a Whole Grain Croissant |
| | APRIL 10 HAVE | APRIL 11 A | APRIL 12 GREAT | APRIL 13 SPRING | APRIL 14 BREAK |
| | APRIL 17 Scrambled Eggs & Whole Grain Waffle | APRIL 18 Breakfast Burrito made with Turkey Sausage, Eggs, and Cheese | APRIL 19 Yogurt Smoothie with Cinnamon Crackers | APRIL 20 Whole Grain Cinnamon Roll | APRIL 21 Egg & Cheese on a Whole Grain Croissant |
| | APRIL 24 Scrambled Eggs & Whole Grain Waffle | APRIL 25 Breakfast Burrito made with Turkey Sausage, Eggs, and Cheese | APRIL 26 Yogurt Smoothie with Cinnamon Crackers | APRIL 27 Whole Grain Cinnamon Roll | APRIL 28 Egg & Cheese on a Whole Grain Croissant |
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FRUIT INCLUDES A ROTATING SELECTION OF: APPLES, ORANGES, KIWI, PINEAPPLE, MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: WWW.AUBURN.WEDNET.EDU/CHILDNUTRITION

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AUBURN SCHOOL DISTRICT

Middle School LUNCH - APRIL 2023

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|---|
| <p>AVAILABLE DAILY</p> <p>Variety of Sandwiches Yogurt & Graham Crackers or Granola Pizza or Burgers</p> <p>All Meals include Fresh Fruit & Vegetable Bar & Choice of Milk</p> <p>Choose 3 components (food groups) for a complete meal</p> <p>All Grains are at least 50% Whole Grain</p> | <p>APRIL 3 Chicken Alfredo with Noodles</p> | <p>APRIL 4 Bahn Mi Sandwich (Turkey or Tofu)</p> | <p>APRIL 5 Chicken Drumstick and Waffles</p> | <p>APRIL 6 Orange Chicken with Brown Rice</p> | <p>APRIL 7 Bean and Cheese Burrito with Sour Cream and Salsa</p> |
| | <p>APRIL 10 Have</p> | <p>APRIL 11 A</p> | <p>APRIL 12 Great</p> | <p>APRIL 13 Spring</p> | <p>APRIL 14 Break</p> |
| | <p>APRIL 17 Penne Pesto Pasta with Chicken</p> | <p>APRIL 18 Chicken Potstickers</p> | <p>APRIL 19 Fish Taco with Local Halibut and Chili Lime Sour Cream</p> | <p>APRIL 20 Teriyaki Chicken with Brown Rice</p> | <p>APRIL 21 Vegetarian Chicken Nuggets, Local Carrots and Salad, and a Dinner Roll for Earth Day</p> |
| | <p>APRIL 24 Macaroni & Cheese with Garlic Bread</p> | <p>APRIL 25 French Dip Sandwich</p> | <p>APRIL 26 Chicken Wings with Cornbread</p> | <p>APRIL 27 Indian Butter Chicken with Naan Bread</p> | <p>APRIL 28 Cheese Tamales and Spanish Rice</p> |
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FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALADS, BROCCOLI, RED BELL PEPPERS, TOMATOES, CARROTS, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, MELON, AND OTHER SEASONAL ITEMS

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